

Asian American and Pacific Islander (AAPI) Educators Network

Hybrid Meeting
Monday, November 6, 2023

4:30 to 6 p.m.

Zoom link: <https://sccoe.zoom.us/j/96658751181?pwd=emtTWkd5dWd1dIA3Y2FCTk1XYmdRUT09>

Agenda

AAPI webpage: <https://www.sccoe.org/sclis/aapi>

I. Welcome and Introductions

Dr. Mary Ann Dewan, County Superintendent of Schools, Santa Clara County Office of Education **4:30 – 4:40 p.m.**

II. Facilitated Discussion: *Supporting the Mental Health of Our AAPI Students Through a Cultural Lens* **4:40 – 5:15 p.m.**



Moderator

Gena Pacada, Coordinator Makerspace Training
Santa Clara County Office of Education



Topic Professional

Anokh Sohal, D.O., Psychiatrist and Associate Physician
Department of Behavioral Sciences and Psychiatry at UC Davis Health



Topic Professional

Kook Yin, Psy.D, Licensed Clinical Psychologist and Interim Supervisor
Asian Americans for Community Involvement



Topic Professional

Duy Nguyen, LMFT, Program Manager
allcove Palo Alto Center

Discussion Questions:

1. What are the unique mental health challenges that AAPI students face in educational settings, and how can schools better understand and address those challenges?
2. Are there specific cultural factors within the AAPI community that contribute to mental health stigma, and how can schools work to reduce this stigma?
3. What strategies or resources can schools provide to support AAPI students' mental health needs, considering the diverse cultural backgrounds within the AAPI community? How can others access your services?

III. Group Discussion and Reflection **5:15 – 5:30 p.m.**

IV. Networking (Dinner) **5:30 – 6:00 p.m.**

Future Meeting Dates: February 8, 2024 and May 6, 2024

Please complete meeting survey: https://sccoe.to/aapien_110623

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Network Objectives:

- Provide professional networking opportunities for AAPI educators
- Learn about trending topics related to AAPI students and educators
- Discuss issues and challenges related to AAPI students and educators
- Encourage AAPI educators to aim for leadership roles